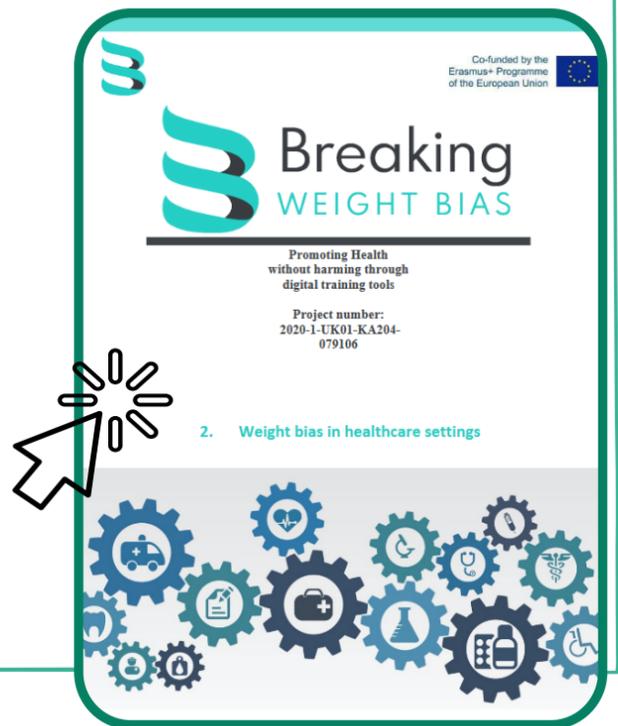


Promoting health without harming through digital training tools

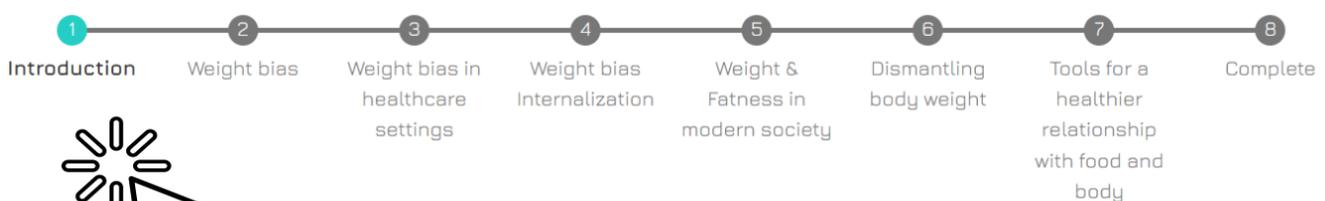
RESULTS

The Breaking Weight Bias training course

A complete set of training material that will equip healthcare professionals with the skills and knowledge to recognise and challenge negative attitudes towards weight, while giving them tools to encourage their patients to develop a better relationship with food and their body, while they focus on health and wellbeing, instead of their weight.



The Dynamic Demonstrator

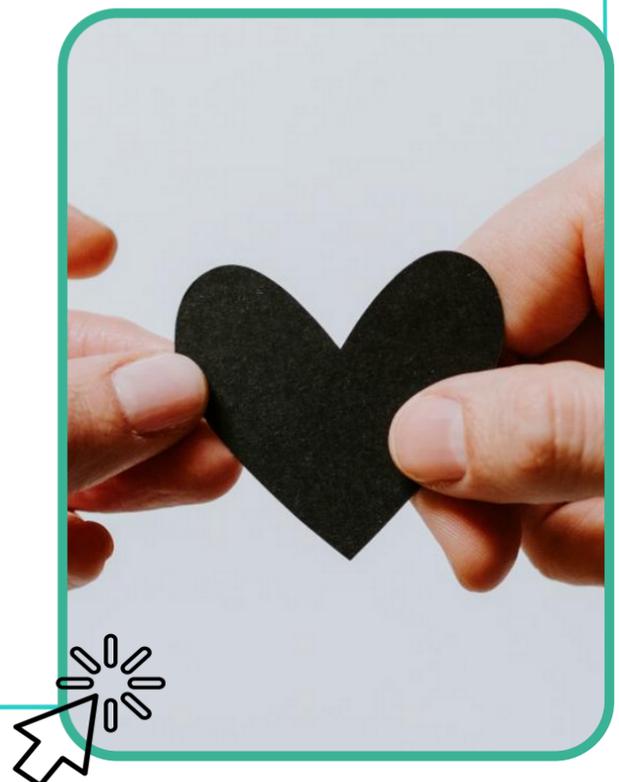


An interactive tool that will enhance understanding of risks associated to weight-based stigma in healthcare and demonstrate in visual and effective ways its impact on the health of the individuals.

Virtual Academy

The Breaking Weight Bias Virtual Academy, assisted by the project's social media groups (FB) and powered by the resources made accessible through the website, serves as an online active community for facilitating the adoption of the Breaking Weight Bias products.

The Virtual Academy also represents an opportunity and a place to share knowledge and experiences in the wider area of weight bias.



Partners